



CareerTEC Chronicle

Partnering to Prepare Students from Dakota, Durand, Freeport, Orangeville, Pearl City and Pecatonica for Tomorrow's Careers

IMPORTANT DATES

- MAY 24, 6 p.m.: Parent meeting for Careers in Business 2
- MAY 25: Last day of CareerTEC classes at St. John, FHS, & construction
- *AUG. 15: Orientation for Computer Information Systems and CareerTEC classes at Highland Community College
- *AUG. 16: Orientation for Culinary Arts 1 & 2
- *AUG. 21: Orientation for Careers in Business 1, and Health Occupations 1 & 2
- AUG. 21: First day of CareerTEC classes at Highland College
- AUG. 23: First day of CareerTEC classes at St. John, Freeport High School, and construction

* - Orientation & other key information will be mailed to students during the summer.

CareerTEC

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OUTSTANDING STUDENT WINNERS

NAME	SCHOOL	GRADE	PROGRAM / CLASS
Damien Bell	Freeport	11	Health Occupations 1
Amanda Choumont	Freeport	12	Early Childhood Education 2
Emerson Coon	Freeport	11	Early Childhood Education 1
Jackson Ege	Aquin	11	Construction Trades
Joshua Erickson	Durand	12	Industrial Technologies - CAD
McKenzie Evans	Pearl City	12	Cosmetology
Kristina Fluegel	Freeport	12	Criminal Justice 2
Maxwell Gibson	Freeport	12	Computer Information Systems
Jesse Kehler	Orangeville	12	Industrial Technologies - Welding
Asher Kubly	Freeport	12	Careers in Business 1
Zachary Linder	Pecatonica	12	Careers in Business 2
Casey Martin	Pecatonica	11	Criminal Justice 1
Makayla Mock	Orangeville	11	Culinary Arts
Addison Schleich	Home-school	12	Nail Tech
William Schneiderman	Freeport	12	Careers in Auto Technologies and Service
Piper Swiss	Pecatonica	12	Health Occupations 2
Samuel Walden	Durand	12	Graphic Design
Noah Wenzel	Dakota	11	Fire Science

Overall Outstanding Student: **SAMUEL WALDEN, DURAND (GRAPHIC DESIGN 2)**

Karen Johnson Scholarship Winner: **NATALIE YEOMAN, FREEPORT (CAREERS IN BUSINESS)**

'Amazing talent'

CareerTEC is proud to announce Samuel Walden as the 2022-23 CareerTEC Overall Outstanding Student.

In addition to utilizing information provided by instructors, CareerTEC director Brian Greene interviewed the outstanding students in order to select the overall winner. While it was a difficult decision, Greene chose Walden based on the portfolio he brought to the interview, his animation work he displayed, and the remarks made by Walden's design instructor Heather Cornelius,

"I could see (Samuel) creating animations or movies at some point in his career that we watch on TV or in the theater."

— Heather Cornelius,
Graphic Design instructor

who called Walden a "great student (who) works incredibly hard ... Amazing talent."

Walden, a Durand High School senior who took two years of graphic design, was



Samuel Walden (left), a senior, is awarded the CareerTEC Overall Outstanding Student Award by director Brian Greene on May 10 at Durand High School.

awarded a \$200 cash award and a certificate for being named the top student. He and all outstanding students earned a \$25 cash award for being honored by their instructor.

Looking Back at the Second Semester ...

COMPUTER INFORMATION SYSTEMS (CIS)

January/February

In January, we are preparing résumés and getting ready for mock interviews with local IT professionals.

CIS1 is working on setting up and configuring Windows software for maintenance and troubleshooting. CIS2 has just gone over some of the major organizations in the cybersecurity/security arena and are now getting into system vulnerabilities, the threat actors that can exploit them, and the threat agents that can be used.

March

We are still preparing for mock interviews with local IT professionals. CIS1 is working with multimeters and troubleshooting hardware to get a solid understanding of the difference between firmware and software and what is needed to install an operating system (OS). They have also begun to journey into software troubleshooting and software installation and upgrades.

CIS2 is solidifying their



knowledge of hardware troubleshooting by assisting and helping CIS1. They are also learning how to survey a network landscape for vulnerabilities so that they are able to secure a network.

April

CIS1 students have completed troubleshooting PC hardware and software. They are now familiarizing with Windows networking and the troubleshooting and security steps that go with it.

So far that following CIS1 students have passed the CompTIA A+ Exam 220-1001: Lucas Zimmerman, Ashton Beaves Lewis, Ethan Foster, Nolan Knox, Zack VanHorn, and Josh Goebbert



CIS2 students have completed learning about the threat types and landscape that go along with performing a security assessment. They are now going in-depth into social engineering attacks as well as the indicators for malware-based attacks.

Mock Interviews are scheduled for April 26 for all CIS 1 and 2 students.

CIS2 Colin Watson has passed his CompTIA Network+ Exam N10-008.

May

In April, students did team building and stem coding classes with Tri-County Christian fourth-

graders.

We also completed our mock Interviews and received good feedback from local business professionals. Javin Parriott passed the first A+ exam. CIS has started their practical exams.

In May, CIS 1 and 2 will be doing their practicals and taking their final exam. For CIS 1 it will be the second A+ exam and, for CIS2, it will be Security+.

— Doug Meyers,
Computer Information Systems instructor



CONSTRUCTION TRADES

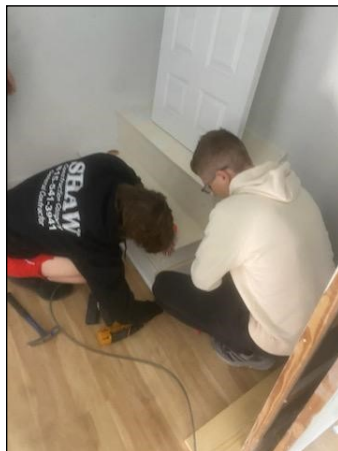
January/February

This month we are doing some plumbing & carpentry. We are building two new cabinets for the sink in our shop and repairing the plumbing that was leaking and damaged the cabinets that were there.

We are also building a mock-up bathroom in the shop with shower base and faucet, toilet hook up and sink. We will be doing all the drains, venting, and supply lines to simulate an actual plumbed bathroom.

In addition to that, we did some creative carpentry and built two mattress boxes that will be put to use in my home.

Later this month, we will be



returning to the Factory Street house to install snap together laminate flooring, doors and trim. We will also be painting the trim, and doing some plumbing.

Through the years the

CareerTEC students have put up an addition and garage — start to finish — on Factory St.

March

This month we finished up with our plumbing. Each team got an opportunity to plumb in our mock-up bathroom. We spent some time learning about the different types of plumbing material, its application, and the proper tools to use.

In the last week, we have been learning how to prepare an estimate for a remodel job and get it into a contract form in order to learn about the parts of construction that go along with the hands-on part of the job.

April

In April we are at the Factory St. house finishing up some drywall repairs and painting. We have

started the installation of the snap-lock flooring. When the flooring is completed, we will be installing doors and trim. This should wind us out of that project.

We are looking into building and selling storage buildings at the end of this school year or the beginning of next school year.

May

In the last couple weeks of school, we are doing trim, caulk, and painting at the Factory St. project. The students are learning the fine arts of finish work. We hope to be done with this project by the end of the school year.

— Jim Shaw,
Construction Trades instructor



Looking Back at the Second Semester ...

CAREERS IN BUSINESS (CIB)

January/February

Death and taxes!

The business students learned both are an unavoidable part of life. So, we chose to embrace learning about different types of taxes, some tax law, how to file a tax return, and that taxes are a part of a person's money management strategy and long-term planning (i.e. how to use deferment strategies and investments to minimize taxes paid).

The students have also been learning how to create, format, and write formulas in Excel, which will continue for a few weeks. They will continue to use it in projects within the Stock Market game, which begins soon. Home, renters, and auto insurance rounded out the end of January; these concepts are important information they'll use for the rest of their lives.

In February, we will learn about health insurance: HMO vs PPO, coverage amounts, deductibles, co-pays, and coinsurance. We also hope to have a local insurance agent speak to the students about insurance careers. We also begin the Stock Market Game (SMG), which is an annual favorite and gets quite competitive! Students compete regionally and nationally with "\$100,000," and will continue through May.

The CIB II students are working diligently at their internships and are doing very well. Some have secured summer jobs after graduation as a result of their success in the CIB II program. In addition to their internships, they are required to complete a portfolio which includes their résumé, employability skill summaries, a career goal research paper, letters of reference, mentor evaluations, and weekly time sheets. It's incredibly rewarding to see the growth in each and every student over the last year and a half.

March

In February, we explored



multiple types of insurance, how to obtain it, variables that affect the cost of each, and how to determine out-of-pocket costs for health and home owner's claims. It was not a crowd pleaser, which is true of most adults, as well, but they did a great job! Excel is wrapping up mid-February with great success, and we will put those skills to work during the SMG, which will be what we spend a significant amount of time doing. We will explore companies, stocks, reading a stock quote, risk, what metrics to use when doing stock analysis and other parts of investing including how to prepare for retirement ... no time like the present to begin saving!

Most of the CIB II students have completed their internship hours and are continuing to work while putting the finishing touches on their portfolio. Additionally, they will work on the PowerPoint presentation they are giving to their respective mentor and the CIB I students at the end of April. It's a great chance for the CIB I juniors who are taking the class next year to learn what options and opportunities they have to look forward to.

April

We are combining the communication skills learned in the first semester with PowerPoint and Word for the SMG final project and our job shadowing mentors. It fantastic

to see all of the skills come together and be used for real, practical purposes.

I'd like to use this opportunity to showcase our graduating seniors in the Careers in Business program. They have all worked hard and are wonderful young men and women. I wish them the very best and hope they come back to visit and keep me updated on their future success. Listed below are their plans (Graduating Senior; High School; Future Plans; Major; Collegiate Sports, if applicable):

- Nia Anderson: Pecatonica; Texas Southern University, TX; Business
- Nathan Brinkmeier: Pearl City; Central College, IA; Business, Finance or Economics; Baseball
- Keegan Gallagher: Freeport; Highland Community College, IL; Business Administration
- Korbin Gann: Pecatonica; Framingham State; Business; Basketball
- Jaden Gocken: Pecatonica; Augustana College, IL; Business; Track & Cross Country
- Christopher Koch: Pecatonica; Northern Illinois University; Business
- Asher Kubly: Freeport; University of Illinois; Business

- Zachary Linder: Pecatonica; Coe College, IA; Mathematics
- Kamdyn Raymond: Freeport; Midwest Technical Institute, IL; HVAC
- Benteah Stovall: Aquin; Judson University, IL; Business Marketing; Volleyball
- Miguel Villarruel: Pecatonica; UW Platteville, WI; Business Management
- Natalie Yeoman: Freeport; Illinois State University or Highland Community College; Business Marketing
- Laci Young: Durand; Rock Valley College, IL; Business Administration

May

As we wrap up the school year, I'd like to take a moment to recognize a few students in the Careers In Business program for their achievements.

Outstanding Student – Year 1:
Asher Kubly, Freeport High School

Outstanding Student – Year 2:
Zachary Linder, Pecatonica High School

Karen Johnson Scholarship Winner — Natalie Yeoman
Freeport High School

This month we are focusing on skills such as résumés, job

(CIB continued on page 4)

Looking Back at the Second Semester ...

CULINARY ARTS 1

January/February

In January, students completed their international projects and continued refining their culinary skills. Throughout the course of this unit, each student chose a country and presented to the class about that national cuisine. Each student also chose a recipe from that country, which the entire class prepared.

Some of the highlights were keftedes (Greek meatballs), lumpia (Filipino egg rolls), homemade ramen, and panna cotta tarts.

Also, students learned how to cook with herbs and spices, including recipes such as tacos with homemade taco seasoning and garam masala.

The morning class chose to have a contest for best stuffed burger. William McGregory took top honors with his barbeque fried onion burger. Anna Wiegert was second with her spaghetti marinara burger, and Geno Gasparini finished third with his alfredo burger.

In February, students will be learning how to cook with potatoes, an extremely versatile ingredient, including picadillo, pierogies, and twice baked potatoes. Also, students will learn how to prepare homemade pasta dishes, including chicken alfredo, ravioli, and lasagna.



March

In the month of February, students learned how to bake with yeast, including recipes such as khachapuri, cinnamon rolls, and homemade pizza. They also learned how to prepare fresh pasta in a variety of ways, including chicken alfredo, carbonara, and ravioli. Finally, they were taught how to cook seafood, including coconut crusted tilapia, Cajun shrimp and rice, and sushi.

In the month of March, students will become proficient in breakfast cookery, balancing flavors, and cooking with fruit.

April

In the month of March, students continued honing their



culinary skills by cooking new and exciting dishes. Every day, students completed a culinary lab activity.

They learned how to cook with fruit by preparing dishes such as banana cream pie, mango salsa

with homemade tortilla chips, and pineapple upside-down cake. They also learned about advanced baking techniques through lab activities, including cream puffs and homemade pop tarts.

In April, students will go on a field trip to Blackhawk Technical College for a tour of their culinary program. Also, students will hold a mock restaurant event for family members and school staff.

May

In the month of April, students in Culinary Arts held the annual Mock Restaurant event. They created a menu and invited family members to attend. The menu consisted of lumpia, pierogies, chips and salsa, chicken parmesan, ramen, hamburgers, strawberry cheesecake, and creme brulee.

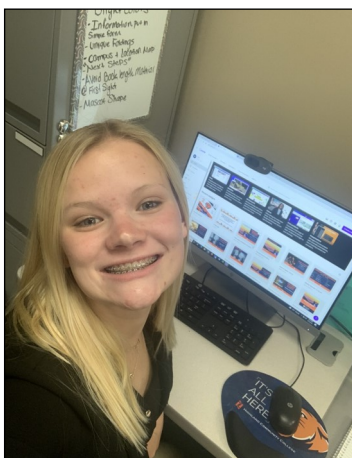
In May, students will learn how to cook with new and interesting ingredients, such as lemongrass, tarragon, couscous, and yuzu. Students will also attend job shadows and engage in community service activities.

The Culinary Arts Outstanding Student of the year was Makayla Mock. She is a fantastic student with a great work ethic.

— Steve Konefes,
Culinary Arts
instructor



Natalie Yeoman, a Freeport High School senior and Careers in Business 2 student, won the Karen Johnson Scholarship this year.



(CIB continued from page 3) applications, interviewing skills, and job shadowing in addition to Microsoft Word and the Stock Market Game.

CIB and I have been so blessed to have an amazing group of second-year students who have been working in year-long internships and doing a fantastic job. I will miss their humor and silliness that always makes me laugh ... even when I don't want to! Their accomplishments this

last year have been numerous. The skills they've acquired will serve them well for years.

Graduating students ... please stay in touch and let me know how you're doing!

Also exciting is that next year all six of the juniors who have completed year one are returning for year two and their own internship. I told them they must be a glutton for punishment if they decided to return!

Lastly, thank you to all of the parents for allowing me to teach your son/daughter. It has been an honor to get to know them and watch them grow during the past 1 to 2 years. It is so very rewarding for me and one of the many reasons I love what I do.

— Elizabeth Hazzard,
Careers in
Business
instructor



Looking Back at the Second Semester ...

HEALTH OCCUPATIONS I

January/February

Skills, skills and more skills. Clinicals are starting on February 21. We will be using four local facilities: Medina in Durand, Hawthorne Assisted Living in Freeport, Parkview in Freeport, and Lena Living Center in Lena.

We are so excited for this adventure and step towards the students CNA to begin. They finally get to take care of real people.

This past month we worked on brushing teeth ... oh yes, they did each other's teeth, nail care, perineal care, taking vital signs and learning to collect different kinds of specimens.

They even got to feed each other. For their meal they tried pureed food and thickened liquids. They could not contain their excitement to have such an experience as this!

They took specimen collection to a whole new level. They created fecal matter and urine out of kitchen items. Their demonstrations were excellent and, let's just say, special to say the least.

We continue our monthly job shadows to different business partners in the community. We are so thankful for each and every partner that teaches our students a little bit about their careers and what it takes to do their jobs.

In the next month we will begin studying Alzheimer's Disease and how it steals from people we love. In February your student will also be certified in BLS (Basic Life Support CPR).

Please remember to check out our Facebook page HOYA at CareerTEC for fun, exciting pictures from the day in the lives of a HOYA student.

This year continues to fly by ... full of fun, laughter, and learning. I am so thankful for each of your students.

Since we did not do a January edition, I want you to



HOYA 1 students gather for a group photo after CareerTEC's Pinning Ceremony on May 9 at St. John UCC in Freeport. The night honored those who completed the CNA portion of the class.



know each student this year is a REAL gift and I wanted to take a moment to genuinely thank each of you who blessed me this Christmas beyond what was necessary. Thank you for your care and kindness.

March

The students are officially CPR certified and ready to save a life. Clinicals have started and so far the students are doing great! Our residents are loving the extra attention. Students now get to see what they are learning or have learned put into action. It is all very REAL now.

We work hard but we also find time for play. We enjoyed making a snowman during a class break. He was injured in appearance, but fun to make!

On Feb. 20, 32 of the 40

students were able to participate in a big breakfast. I was volunteered by a student to cook for them all and it was a blast. It was a great way for all three classes to meet and bond before clinicals started. The Nerf bullets may have been flying, hide and seek took place and "Just Dance" was playing on the Wii.

This month we are focusing on mental health and, not only how to care for others, but how to care for ourselves. There is a high burnout rate in health care, so self care is so important. Yoga will be the highlight of the month as we adventure to the yoga studio downtown for some real mental relaxation and healthy body movements. It is one of my favorite days of the year. Most students grumble about it but, after completing the session, they end up feeling so positive and good.

We will also begin to study Alzheimer's and how it impacts the patient as well as the family. According to the American Alzheimer Association, "More than 6 million Americans of all ages have Alzheimer's. An estimated 6.5 million Americans age 65 and older are living with Alzheimer's in 2022. Seventy-

three percent are age 75 or older. About 1 in 9 age 65 and older (10.7%) has Alzheimer's." Approach, care, critical thinking and patience is all super important in the care of an Alzheimer patient/resident.

Congratulations to our December and January students of the month for Trustworthiness and Responsibility: Aya Malik, Jayden Thome, Izzabella Wilson, Payton DeBord, and Sadie Fowler.

April

March felt like it was gone in a blink of an eye. This month was full of content and activities just like every month before it. We spent a day at Your Core Being Yoga Studio, learning a bit about self care and all the benefits of moving our bodies. I thank Pat, the owner of the studio, for hosting us. The environment was peaceful and reviving.

Alzheimer Disease was our focus this past month. The students learned how to care for a resident with this disease. We studied its progression and different stages of the disease.

A year ago we were given grant money and, with it, we purchased a virtual simulation

(HOYA I continued on page 7)

Looking Back at the Second Semester ...



HEALTH OCCUPATIONS II

January/February

This past month, the HOYA II students worked on some important exploration in regards to their next academic step in their probable career choice. Students drafted an informational paper on their preferred college, which offered their two top majors. The research covered tuition, including the actual increase over the last few years. They had to include additional costs such as books, room and board, technology fees, meals, and transportation. This information provided a true look at the cost of attending their specific college.

They also discussed how they planned on paying these fees. If they were using scholarships, which specific ones? Would there be the potential for student loans; learning the difference between subsidized and unsubsidized. Would their parents be able to assist in payment or would the students be working while attending college? How many hours would they plan on working? What was the average pay for the job they were contemplating?

As it is important to balance curricular and extracurricular activities during their college experience, they investigated clubs/organizations that they are interested in joining. Which extracurricular activities did the college have to offer? Would

there be potential scholarships affiliated with the specific extracurriculars?

Students must be aware of any potential red flags of any college program they are considering. To this end, they had to discuss retention and graduation rates of their college choice. Another important factor they explored was the job placement of graduates from their specific college.

As few students truly spend all their time on campus, another important factor they examined was the crime rate of not only the city where the college was located but also the reported campus crime rate. Several students stated that this was something they hadn't thought of previously, and it did affect their view of potential college.

February will be another exciting month. We will be spending time at Hawthorne Village on Valentine's Day, sharing our day with the residents. Valentine's cards and treats are some ways the students requested to ensure the residents enjoy their visit.

They are currently working on team teaching projects to

encompass the Medical Terminology of body systems this semester. These lessons will include the pathology of specific disease processes, medical specialties and diagnostic tools that deal with those processes, as well as looking into some rare diseases they may encounter.

HOYA II students presented another important teen health discussion this month. Our students are believers of approaching topics that are significant for others their age, instead of sweeping these sometimes difficult discussions under the rug.

Forty-five years ago, National Condom Week (2/14 through 2/21) began at the University of California-Berkeley. HOYA II utilized the bulletin board to inform other students of different types of STDs and the importance of preventing transmission for long-term health. The students have again added a humorous spin on a touchy subject. The bulletin board has definitely opened some discussions from other students so far. These bulletin boards will assist the HOYA II students as they progress in their healthcare careers in having

those difficult conversations with their patients.

March

Oh my goodness! How are there only 23 class days left for this amazing group of young ladies? This entire year has flown by. Hard to believe that graduation for these ladies is just around the corner. Besides this limited amount of class time, the students also have two job shadows remaining as well as a virtual field trip to interact with staff and to observe a live open heart surgery.

February was a normal busy month. Students are having fun learning their medical terminology words. We have played Medical Terminology Jeopardy and Bingo. We have used word search and crossword puzzles to become familiar with all these challenging words. Students are also becoming more familiar with the on-line version of our workbook.

Our visit to Hawthorne Inn was a great success. The students made Valentine's Day cards for the residents and presented them with beautiful red carnations. On one of my clinical nights with the HOYA I students, I noticed that some of the residents still have their carnations, two weeks later.

As March has come in like a lamb, HOYA II will have the March lion spirit. They are continuing their job shadows. They will be using their knowledge of the

(HOYA II continued on page 8)



Looking Back at the Second Semester ...

(HOYA I continued from page 5)

program. This program takes students through what it would be like to have Alzheimer Disease. The reaction of the students varied. They experienced confusion, agitation, fear, uncertainty, forgetfulness, and the inability to get their bodies to complete tasks. It was exciting to watch it unfold for each student. The goal was to promote empathy. I believe it worked.

Clinicals continue to move forward and many students are nearing the completion of their clinical hours. Just a reminder students are to maintain an 80 percent to participate in clinical and to take the state test at the end of the year.

Loss and grief impacts us all at some point. We grieve so many different types of losses. We will discuss the signs/symptoms of dying, steps of grief, and how to care for those involved in or with the dying process. Only when we are not afraid to die can we then really live.

Our February students of the month for problem-solving and creativity were Aeva Criswell, Keaghan Holbert, Caitlyn Simpson, Abygail Medina, Clare Dailey, and Aya Malik.

May

HOW ARE WE HERE! It is hard to believe we are entering the last four weeks of school. These students have worked hard, and I am so proud of each of them.

This past month we explored death and dying, mom/baby, wrapping up clinicals, fire station visit, and starting the world of work.

Death and dying is never easy. Some have experienced death just this year and, for those who have in the past, it still feels like yesterday. We did skits to learn about the process of grief and how we work our way through a terminal diagnosis. Serenity Hospice House came and educated us on all that hospice offers and about the uniqueness of their facility. Hospice does not mean you are dying tomorrow, it means that you want to live the best you can with the time you have left.

During the mom/baby unit, I think the students were scarred for life and most don't want to have babies now ... just kidding. For many, this chapter was eye-opening on the process of labor and delivery. They learned proper care of babies and moms.

We had Hillary from Freeport Fire come and tell us all about the careers in the fire/paramedic field. It amazed students on how they work half the month, have awesome benefits, retirement benefits and a family atmosphere.

Clinicals are coming to an end. These

9 'wonderful' years: Thank you, Ms. Vock

At the May 4 CareerTEC Board meeting, Health Occupations 1 instructor Stacey Vock submitted her resignation.

Joining CareerTEC in 2014, Vock — along with HOYA 2 instructor and coordinator Lori Steele — has been instrumental in making the HOYA program one of the best in Illinois.

"I still remember the day that Stacey asked me if I wanted to work with her at the best job in the world," Steele said. "... I have had the opportunity to watch Stacey nurture our students, make them think outside the box, have a few 'kitchen talks' when students needed a little special guidance, and build lifelong friendships."

Vock is moving to Oregon, Wis., in June for family



reasons.

"I have found a school that fits my special needs child well, and so I am excited to give her and my other children not only great opportunities, but more of me," Vock said.

She has accepted a position as a Nurse Manager at Oakwood Village Assisted Living in Madison, Wis., and will work every other weekend as a nurse in New Glarus,

Wis.

"To not work a day in your life, few can say that," Vock said, "but that is exactly what I have done the last nine years at CareerTEC. This was not a job but something I have enjoyed immensely. I have been blessed with awesome co-workers, students, and families.

"Thank you to everyone for making my nine years here wonderful."

Vock will be missed.

"Stacey has an incredible energy to her," CareerTEC director Brian Greene said. "She has touched and impacted the lives and career choices of hundreds of students over her nine years.

"She's been a rock star to work with and a ray of sunshine for so many."

students have taken great care of our residents, and the residents so enjoyed the extra attention. They are one step closer to pinning on May 9. Then it will be onto the state test at the end of May.

Time to think about what the future holds for each of them. We have begun our world of work, and it will continue on through the beginning of May.

Students are learning it is not all about what you make for money, but finding your passion. If you work in something you love, you will not work a day in your life. Résumés, letters, mock interviews, and career exploration is the excitement yet to come.

The students of the month for March were Miley, Sadie, Payton, and Paige; the theme was honesty and integrity.

As always, thank you for raising great kids and for sharing them with us!

— Stacey Vock,
Health Occupations I
instructor



Looking Back at the 2nd Semester ...

(HOYA II continued from page 6)
 medical terms that they have mastered thus far and will be completing critical thinking worksheets as well as some case study of some of their residents/patients they are caring for during their internships.

Students have started their community/public health surveys and will now compose an essay on those findings. Community/public health will always affect any healthcare provider, so it is important to not only know what citizens of their community find important but also to know what types of healthcare each community offers.

April

The HOYA II ladies are on the downhill slide before they reach the ultimate goal post of high school graduation!! They are keeping extremely busy and avoiding the plague of senioritis. I am confident that these young ladies will maintain their focus even as the weather gets warmer and graduation creeps closer.

They have started using their critical thinking skills by doing situational assignments where they interact as CNAs and potential healthcare professionals via their online workbook. This allows a much more accurate illustration of what they can expect as they progress through their career paths.

Students have completed their community/public health surveys. The ladies each interviewed six individuals. The 60 individuals from Freeport, Durand, Dakota, Davis, Pecatonica, and Winnebago ranged from 17 to 65 years old.



⇒ Components of a Healthy Community: Low crime rates, Good place to raise kids, Good schools, Access to healthcare

⇒ Top 10 Health Concerns: Cancer, Mental health, Suicide, Gang violence, Firearm-related injuries/death, Domestic violence, Child abuse, Rape, Teenage pregnancy, High blood pressure

⇒ Top Risky Behaviors in the Community: Drug abuse, Alcohol abuse, Tobacco use, Lack of exercise, Poor eating habits, Failure to wear seat belts

The subject of the students' educational bulletin board this month was Eating Disorders. Another amazing job! They placed a mirror with numerous motivational messages so as someone was viewing the board,

they could see that they are perfect as they are. I have to say everyone has been impressed with this year's boards.

April will fly by as we have two more job shadow opportunities, the interactive Live Open Heart Surgery program, finishing up the apprenticeship hours, more critical thinking exercises as well as a few outside projects/games.

May

The ladies are down to the final days of their senior year. I have to say that this year has flown by mainly because this class was such an amazing class. They have worked well together, made a huge impact on the community by spending time with the residents of Hawthorne Inn, and handing out flowers to the community as random acts of kindness.

It has been such a delight to watch each of them grow this

year. They have battled with their next steps in life; choosing a college isn't the easiest thing to do as a senior. The College Choice research project opened their eyes to the pros and cons of each university. I believe they have made amazing choices for their next step in their careers.

They have worked diligently at their internships while maintaining their school life as well as their social life. While each student is required 288 hours per year for this course, several students have over 600 hours! Some have changed their career choice as they undertook their internships; finding a passion that will lead them into the next step of their lives.

We will be finishing up these last few days by "finally" getting to the A&P portions by dissecting deer organs and chicken feet. We will see how tendons actually work, the anatomy of cardiac tissues, lungs, kidneys, and reproductive organs. We revisited how tendons work, observed how vascular the liver is, the internal parts of kidneys, the aorta and chordae tendineae of the heart, why and how lungs float in water as well as how large the main bronchus of the lungs truly are. We also observed the male reproductive system.

Our final review will continue this week and part of next week as days turn into hours and minutes remaining of one of the best HOYA 2 classes I have had the pleasure of teaching.

— Lori Steele,
 Health Occupations
 Coordinator and
 Year 2 instructor



2023-24 Apps Still Being Accepted!

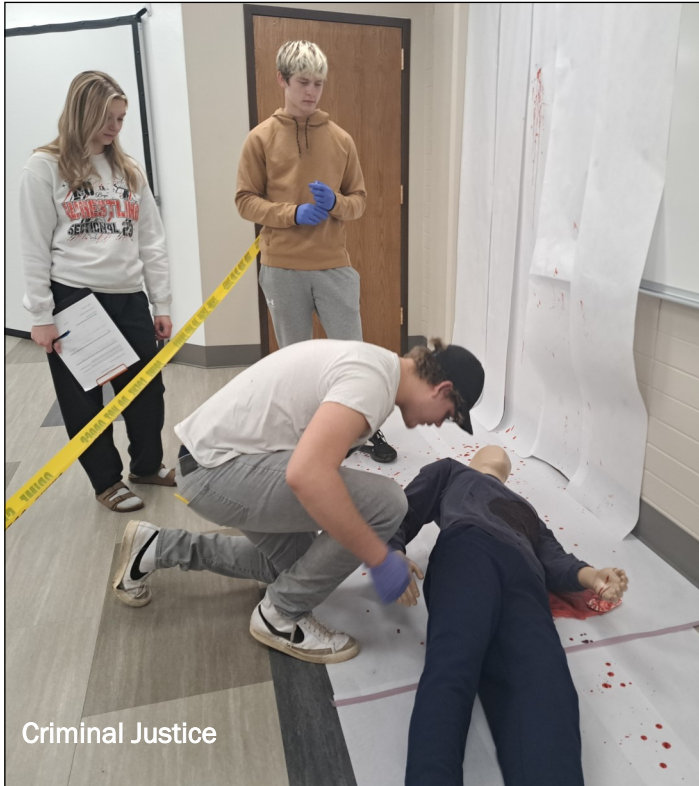
1. Go to www.careertec-il.org
2. At bottom of home page, choose Quick Links, 2023-24 Course Catalog for complete information about each CareerTEC program.
3. Talk to your school counselor about your interest in a program.
4. At the top of the home page, select the application link.
5. Applications should be done with a parent/guardian in order for proper consents and information to be received.

Looking Back at the Second Semester ...

CareerTEC's Programs at HCC and Freeport H.S.



NJROTC



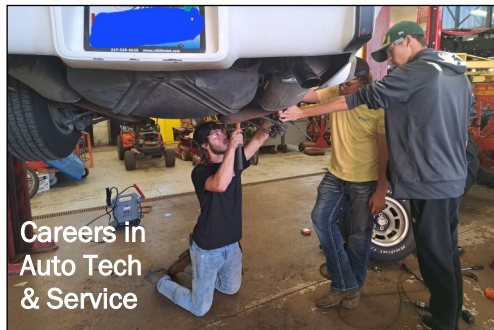
Criminal Justice



Industrial Technologies



Nail Tech



Careers in Auto Tech & Service

Sophomore Tours at Highland College



Cosmetology



Early Childhood Education



Brian Greene,
CareerTEC
Director

CareerTEC area losing good leaders

One of the realities of this time of year is that we have to say goodbye to so many peers and friends.

In our CareerTEC consortium, we are losing a handful of outstanding leaders.

One in particular has had a tremendous impact on CareerTEC and me personally: Jen Newendyke. Jen served as the CareerTEC director for nine years before moving over to the Regional Office of Education #8 to be the assistant regional superintendent. Over the years, Jen has been an excellent mentor and friend to several people, including myself.



Jennifer Newendyke

Dakota superintendent Jason Grey and Orangeville superintendent Jeff Milburn, both CareerTEC Board members, are moving on, as well. They have been talented leaders in their districts and helped make CareerTEC what it is today.

Dakota and Orangeville also have secondary principal openings with the resignations of Randy Bay and Lori Dittmar, respectively.

Freeport High School principal Dr. Beth Summers is moving over to Carl Sandburg School next year. Freeport associate principal Sarah Hasken will fill Summers' shoes in 2023-24.

To all of you, thank you. We at CareerTEC appreciate the work and effort you have made to serve our students, communities, and consortium.

Honoring the Year's Best

Outstanding Students for 2022-23



Clockwise, from top left, 2022-23 Outstanding Students included Orangeville's Makayla Mack (Culinary Arts with CareerTEC director Brian Greene), Durand's Joshua Erickson (Industrial Tech-CAD), Pecatonica's Piper Swiss (HOYA 2), Freeport's Damien Bell (HOYA 1), Aquin's Jackson Ege (Construction Trades), Freeport's Emerson Coon (Early Childhood Education 1), and Dakota's Noah Wenzel (Fire Science with CareerTEC administrative assistant Colleen Mills.)

Celebrating Educators May 8-12

Schools across the United States recently recognized their educators during Teacher Appreciation Week. Thank you teachers and support staff for your work to serve our students.



Perfect Attendance for 2022-23

Student	Grade	School	Class	Teacher
Jackson Ege	11	Aquin	Construction Trades 1	Shaw, Jim
Bentleah Stovall	12	Aquin	Careers in Business 1	Hazzard, Elizabeth
Noah Goeke	11	Dakota	Criminal Justice 1	Roser, Jennifer
Aiden Ruiz	11	Dakota	Culinary Arts 1	Konefes, Steve
Noah Wenzel	11	Dakota	Basic Fire Science	Tellefson, Steve
Macy Markley	11	Freeport	Health Occupations Youth Apprenticeships 1	Vock, Stacey
Aya Malik	11	Freeport	Health Occupations Youth Apprenticeships 1	Vock, Stacey
Christian Scott	12	Freeport	Culinary Arts 1	Konefes, Steve
Jesus Bernal Zetina	11	Pearl City	Computer Information Systems 1	Meyers, Doug
Nathan Brinkmeier	12	Pearl City	Careers in Business 1	Hazzard, Elizabeth
Rhett Forth	11	Pearl City	Careers in Business 1	Hazzard, Elizabeth
Miranda Posey	11	Pearl City	Criminal Justice 1	Roser, Jennifer
Levi Sheffey	12	Pearl City	Industrial Technology 2	Sargent/Vacek
Abigail Cook	11	Pecatonica	Health Occupations Youth Apprenticeships 1	Vock, Stacey
Payton DeBord	11	Pecatonica	Health Occupations Youth Apprenticeships 1	Vock, Stacey
Olivia Girardin	11	Pecatonica	Education Careers Pathway	Brobst, Radina